



NEWSLETTER November 28th 2019 Volume 30 Issue 37

ACKNOWLEDGEMENT OF COUNTRY

"I'd like to acknowledge the traditional owners of the land upon which we meet today, the Gunai Kurnai land and pay my respects to elders past, present and emerging as well as any Aboriginal people here with us today"

IMPORTANT DATES TO REMEMBER				
Mon	Tue	Wed	Thu	Fri
25 Beleza Sale 20% off	26 Kinder Prep Transition 9.00-10.30am	27 Beleza Sale 20% off	28 Last day for Donut Orders	29 Crazy Hair Day donate towards Christmas raffle Beleza Sale 20% off
2nd Dec NO BREAKFAST CLUB TODAY School Council Meeting 5.00pm	3 Kinder Prep Transition 9.00-10.30am Prep 2020 Parent info Session 6.00-7.00pm	4	5 Donut Day	6 Grade 3/4 EOY Excursion
9 End of Year School Council Dinner	10 Kinder Prep Transition 9.00-10.30 Statewide transition	11 Grade 1/2 EOY Excursion	12 Grade 5/6 EOY Excursion Last day to return raffle tickets	13 Parent Helpers Morning Tea 10.45 in the staffroom
16 Songs at Sunset Xmas Raffle drawn	17 Grade 6 Graduation Moe RSL	18 Final Assembly 2.20pm	19 Student Free Day	20 End Term 4 1.15 dismissal

being a "Regional Award" winner. As a result of winning these 2 categories we came away with \$1350 in garden vouchers to be spent on garden equipment, materials and plants. At the time of writing this article Mr Walsh, Bayley, Xander and I were also preparing for the Latrobe City Garden Competition 2019 awards night. I look forward to sharing our



experience of this night with the school community at both Friday's assembly as well as in next week's newsletter.

Student voice and agency

At NEPS we strongly encourage our students to be active contributors to not only their learning but also their community. Last Friday the 22nd of November our School Captains accompanied Mr Fry to the "Call it out event" and next Wednesday the Junior School Council members, Mr Fry and myself are attending "Respect March". These events are significant in helping to call out family violence and raise awareness of how we can continue to promote respect for all amongst our community.

In addition to these activities a number of our students have been busy running student initiated activities to raise money for school and student resourcing. Starting this week we have a group of students running a guess the number of snakes and guess the number of skittles in the jar competition. It is 50c a guess or 3 guesses for

A word from Mrs Skee...

Last Thursday I had the privilege of attending the 2019 Victorian Schools Garden Awards with Mr Pace, Mr Gray, Mr Walsh and 9 of our students. These students were; Macy Buhagiar, Bonnie Schessl, Lochlan Garven, Xander Lindsay, Bayley Russell, David Platschinda, Cohen Naumann, Hudson Benbow and Emmah Fraser. We were very excited to win "The most engaging garden for learning" award as well as

\$1. I will also be meeting with Jorja Meredith and Klohe Sena this Friday lunchtime to coordinate a final “bring your devices” day at school. More information regarding this will feature in future newsletters.

On Monday the 9th from 9 to 10.45 of December Kim Puddy, Nick Walsh, Bill Pace, Collin Morris and myself will be undertaking a school improvement walk around our school. The aim of this walk is to record all of the areas of the school we feel requires improvements as well as document any ideas we may have to add to the aesthetics of the school. I welcome any parents/carers within our school community that may want to participate in this walk. Alternatively, if you have any suggestions or ideas or can assist with ground improvements in the future I encourage you to email me with this information on skee.julie.j@edumail.vic.gov.au.

CRAZY HAIR DAY donate towards Christmas raffle.



Tomorrow Friday 29th November we are holding a “CRAZY HAIR” day, students need to bring something to donate to the Christmas raffle

and if they do they can come to school with crazy hair/out of school uniform or have their hair sprayed by a JSC member between 8:10am and 8:35am and the first half of recess.

There will be plenty of prizes to win.

Books were sent home on Tuesday with the youngest in the family. Book of 10 tickets \$10.00 and spare books are available from the office. Bring along something to donate towards the raffle, remember it can be grocery items, Christmas items etc, please remember items must be **NEW and in original packaging** please.

NO out of Date food items.

Please check the labels, no use by dates **before 31st December 2019.**

Last day to return tickets **Thursday 12th December.**

Raffle drawn at Songs at Sunset.

CHANGES IN THE NEPS WELFARE AREA

We are very excited to be making some slight changes in the Welfare space at NEPS in 2020. We don't want to give too much away but stay

tuned for a new title and some other new family supports.

VOLUNTEERS NEEDED



If you are able to assist Mrs Prestidge with Breakfast Club on a **Monday** and **Tuesday** morning or even just one of those days this would be incredibly helpful. We depend on our helpers to ensure we are able to continue running Breakfast Club.

CALL IT OUT (RESPONSE TO PREVENTION OF VIOLENCE) EVENT



Last Friday I took the school captains to Warragul for the Call It Out event. This event was all about raising awareness and having conversations

about how people can make a difference in the prevention of violence. Ayla and Jordan met with



professionals in the field and spoke about the work NEPS are doing with Respectful Relationships. They were able to talk about Gender Equality and emphasised the point that violence against anyone **IS NOT OK.** As you can see in the photos,

Jordan and Ayla were happy to engage with and have their picture taken with some event organisers Tanya Kilgower – our Respectful Relationships Liaison Officer and Kate Neocleous – from Gippsland Centre Against Sexual Assault.



They did our school proud by listening and taking in all the information that was talked about in regards to this very important topic. Well done Ayla and Jordan.

healthy food options for your children to support our healthy school philosophy.



When packing a lunchbox, **mix 'n' match** a variety of foods from each of the **five food groups**



1 Grain foods	2 Vegetables	3 Fruit	4 Milk, yoghurt and cheese	5 Meat and alternatives
<ul style="list-style-type: none"> Wholemeal, multigrain and high fibre white breads and rolls Wraps and pita pockets Focaccias and Turkish bread Fruit bread English muffin Pasta, noodles and rice Quinoa and cous cous Crispbreads and corn cakes Wholegrain crackers Crumpets Bagels 	<ul style="list-style-type: none"> Cherry tomatoes Celery, capsicum, cucumber or carrot sticks Corn cob and baby corn spears Air popped popcorn Green beans, snow peas and sugar snap peas Mixed lettuce Leftover cooked vegetables Lentils, chickpeas and kidney beans <p>Try serving crunchy veges with hummus, tzatziki or salsa</p>	<ul style="list-style-type: none"> Fresh fruit Frozen fruit Tub of diced fruit (in natural juice) Fruit puree Sultanas, apricots or other dried fruits Fruit salad 	<ul style="list-style-type: none"> Tub of yoghurt Cheese stick, slices or cubes Custard Tetra pack of milk, flavoured or plain Calcium fortified soy or other plant based milks <p>Choose reduced fat varieties</p>	<ul style="list-style-type: none"> Lean chicken, beef, lamb, pork or turkey Hardboiled egg Canned tuna or salmon in spring water Lentils, chickpeas and kidney beans Baked beans Falafel balls Tofu cubes

TUNING INTO KIDS IS BACK TERM 1 in 2020

The very popular parenting program Tuning Into Kids will be returning in 2020. Paul Fry will facilitate this 6 week program once a week on a set night and it will run for 2 hours each week (in the past this program was run on a Thursday night from 7-9pm). A night and time has not yet been set for term 1 as this will occur in consultation with participants.

Tuning Into Kids is a program about Emotional Intelligence – It helps to build parent/carer capacity in responding to a child's different emotions so that you can resolve issues quicker than usual and strengthen the relationship with the child in the process.

If you are interested in participating and able to commit to one night a week for two hours over six weeks please let Paul or the office know.

Places are limited No more than 15 participants can register. There is NO cost for attending this program.

HEALTHY LUNCHBOX IDEAS

As we are recognised as a Healthy Together School through the Achievement program, the timing is perfect to give our families some wonderful ideas for a healthy lunchbox for your child. Attached to this newsletter is a sheet that provides some excellent ideas of things to send your child to school with. These ideas consider the food groups and support many things for your children such as strong teeth, vitamin/mineral intake, healthy bone development and overall wellness. At NEPS we discourage foods that are high in sugars/fats as these are an occasional food for home. We ask that all families consider

Healthy Lunchbox Week is an initiative of Nutrition Australia
www.nutritionaustralia.org
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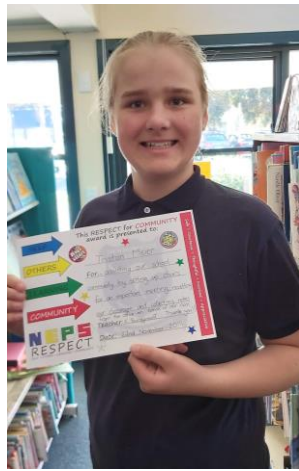
BLUE HOUSE WINS



Respectful Roo :
Indy Reid



AWARD WINNER
Tristan Meier



GREEN TEAM AWARD : Ashton Borg,
Malachi Newman, Sienna Brien, Billy Schessl,
Chloe Hams, Milli Milovanovic, Jai Cann, Emily
St John & Cruz Stellini



AWARD WINNERS



STUDENT AWARD WINNERS		
Prep DR Room 11	Ella Pelonkovic	For being a thoughtful class member – she shares and is happy to play with anyone.
Grade 1 PD Room 5	Lahni Xerri	For always being Happy, Friendly and Respectful of others. Creating a positive classroom environment.
Grade 1 JH Room 6	Nevaeh Thetford Regina Mackieson	For showing their appreciation by always saying thank you when given a helping hand by a student or teacher. For being able to focus during work time despite distractions and trying her hardest in everything.
Grade 1 RJ Room 7	Cooper Hecker	For being involved in his learning and trying his best, especially with his handwriting.
Grade 2 PF Room 8	Dino Grbic	For demonstrating courtesy by playing fairly and taking turns in learning games.
Grade 2 JF Room 9	Lily Everett	For giving all learning tasks 100% and becoming a more independent worker.
Grade 3/4 KL Room 2	Lily Cox Zahlia Kus	For always encouraging others and showing an understanding of how to work as part of a team. Fort always striving to be a respectful members of our class and NEPS. For being a considerate member of our grade, always ready to help get jobs done and complete tasks.
Grade 3/4 JH Room 3	Bonnie Schessl	For helping make NEPS a better place by helping out in the gardens!
Grade 5/6 EG Room 12	Blake Goode	For always being courteous and using your manners.
Grade 5/6 KB Room 16	Tristan Meier	For supporting our school community by setting up for an important meeting, resetting our classroom, and collecting notes from the office on behalf of our class. Thank you!

STAFF AWARD WINNERS : Mrs KJ Larmour and Mrs Lara Gibbons



Canteen



Just a reminder that the canteen is open for over the counter sales on Mondays and Wednesdays, as well as lunch order days on Thursdays and Fridays.

Friday 29th Nov

AM Julie S
PM Jude B

Monday 2nd December

Kate McDonald
Michelle Milovanovic

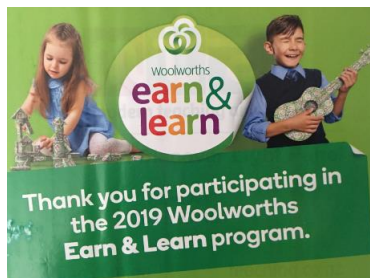
Wednesday 4th Dec

AM
PM Sue W

Thursday 5th Dec

AM Jude B
PM Julie S

Friday 6th December



EARN & LEARN

Thank-you families and the wider community for supporting Newborough East Primary School through the

Woolworths Earn & Learn Program. The shopping points you received have combined to enable NEPS to order new science equipment. This equipment will provide many more learning opportunities for our students.



From the STEM room

Throughout term 4 the grade 1&2 students have been studying Dinosaurs to understand how that living things have a variety of external features. By observing skeletons and teeth, the students have learnt how scientists can learn how the animals moves and what it might eat. The students have then designed and created their own set of dinosaur jaws.

Mrs Dunne.



From the STEM room

Celebrating student excellence - Brodie and Jordan with their completed annotated drawing from the investigations on plant adaptation/ leaf surface area.

